



TRAVELLING WITH A YOUNG CHILD

- All children under the age of five travel free on national rail services.
- Children aged between five and 15 receive a 50% discount on most tickets.
- Please use the wide-aisle gate when travelling with children under five who won't have their own ticket.
- When on the train, please keep an eye on your child when they are near the doors as these may open and close very suddenly at stations.
- Please keep hold of, or control of, your child when you are on the station. This is to keep them safe.
- Please help your child get on and off the train and be careful of the gap between the train and the platform.

You may be interested in the Family and Friends Railcard, which offers discounts for up to four adults and four children.

Find out more at:
www.familyandfriends-railcard.co.uk



South Western
 **Railway**



CONGRATULATIONS!

Tips for travelling with
young children or while
you are pregnant

South Western
 **Railway**

TRAVELLING WHILE YOU ARE PREGNANT

- It's always good to have some water with you, especially in hot weather.
- There are priority seats in every carriage. These offer more legroom and handrails nearby to help you stand up and are usually closest to the doors.
- Don't be afraid to ask another passenger if you can have their seat. Wear your SWR 'baby on board' badge (which you can apply for on our website) to show other passengers that you may need their seat. Ask a member of staff on the train if you need help asking for a seat.
- You may find it more comfortable to travel outside peak times (which are 6.30am to 9.30am and 4pm to 7pm). We recommend travelling outside of these times if you can, as more seats are likely to be available.
- If you're feeling unwell, ask a member of staff on the train or at the station for help.



TRAVELLING WITH YOUNG CHILDREN

TRAVELLING WITH A BABY OR CHILD IN A PRAM OR BUGGY

- If there's a suitable step-free route in the station, for example one with a lift, we recommend using this rather than carrying your child and buggy up the stairs.
- Our staff will be happy to help you carry the buggy up any stairs if there is no step-free route, but you must carry the child separately.
- When going through ticket gates, always use the wide-aisle gate. Ask a member of staff for any help you may need when using the gates.
- When waiting for your train, please make sure that the brakes are firmly on the buggy and that you are as far behind the yellow line as possible. This is because many of our platforms have a natural gradient (slope) and also to avoid any wind that may be created by passing trains.
- Please be careful of the gap between the train and the platform.
- When getting off the train with a pram or buggy, please get off backwards and make sure that your child is strapped in, so they are supported in the buggy at all times.
- If you are using the wheelchair space on the train, please remember that, by law, you must give up this space for a wheelchair or scooter user.

